

5th Grade Cooking Matters Youth New Mexico Academic Standards Alignment

Lesson	Eng. Lang. Arts	Health	
1: Super Snackers	CCSS.ELA-LITERACY.SL.5.1 CCSS.ELA-LITERACY.SL.5.3	<p>Content Standard 1: 5-8 Benchmark 1: 1, 2, 3 5-8 Benchmark 6: 1, 2, 3</p> <p>Content Standard 3: 5-8 Benchmark 4: 1, 2</p>	
2: Sugar Overload	CCSS.ELA-LITERACY.SL.5.1	<p>Content Standard 1: 5-8 Benchmark 1: 1, 2, 3 5-8 Benchmark 6: 1, 2, 3</p> <p>Content Standard 3: 5-8 Benchmark 4: 1, 2</p>	
3: Healthy Drinks Taste Test		<p>Content Standard 1: 5-8 Benchmark 1: 1, 2, 3 5-8 Benchmark 6: 1, 2, 3</p> <p>Content Standard 3: 5-8 Benchmark 4: 1, 2</p>	
4: Name That Fruit or Vegetable	CCSS.ELA-LITERACY.SL.5.1	<p>Content Standard 1: 5-8 Benchmark 1: 1, 2, 3 5-8 Benchmark 6: 1, 2, 3</p> <p>Content Standard 3: 5-8 Benchmark 4: 1, 2</p>	

