

# 7<sup>th</sup> Grade Cooking Matters Youth New Mexico Academic Standards Alignment

Lesson	Eng. Lang. Arts	Health	
1: Snack Attack	<a href="#">CCSS.ELA-LITERACY.SL.7.1</a>  <a href="#">CCSS.ELA-LITERACY.SL.7.3</a>	<b>Content Standard 1:</b> 5-8 Benchmark 1: 1, 2, 3 5-8 Benchmark 6: 1, 2, 3	<b>Content Standard 3:</b> 5-8 Benchmark 4: 1, 2
2: Blubber Burger	<a href="#">CCSS.ELA-LITERACY.SL.7.1</a>	<b>Content Standard 1:</b> 5-8 Benchmark 1: 1, 2, 3 5-8 Benchmark 6: 1, 2, 3	<b>Content Standard 3:</b> 5-8 Benchmark 4: 1, 2
3: Sugar Overload	<a href="#">CCSS.ELA-LITERACY.SL.7.1</a>	<b>Content Standard 1:</b> 5-8 Benchmark 1: 1, 2, 3 5-8 Benchmark 6: 1, 2, 3	<b>Content Standard 3:</b> 5-8 Benchmark 4: 1, 2
4: Healthy Drinks Taste Test		<b>Content Standard 1:</b> 5-8 Benchmark 1: 1, 2, 3 5-8 Benchmark 6: 1, 2, 3	<b>Content Standard 3:</b> 5-8 Benchmark 4: 1, 2
5: Name That Fruit or Vegetable	<a href="#">CCSS.ELA-LITERACY.SL.7.1</a>	<b>Content Standard 1:</b> 5-8 Benchmark 1: 1, 2, 3 5-8 Benchmark 6: 1, 2, 3	<b>Content Standard 3:</b> 5-8 Benchmark 4: 1, 2

