



# 2016 IMPACTS: BERNALILLO COUNTY



**ICAN is a federally funded program of New Mexico State University whose mission is to inspire New Mexico's limited resource youth and adults to make healthy food and lifestyle choices.**

In **Bernalillo County**, ICAN employs 8 paraprofessional EFNEP Nutrition Educators and one professional Family and Consumer Science Agent.

In FFY 16, Bernalillo County EFNEP reached a total of 829 participants, with a total reach of 3,282 family members and 1,227 youth.

## BERNALILLO COUNTY EFNEP



**78%** percent of adult EFNEP program participants improved in food resource management practices for their families upon program exit. EFNEP Nutrition Educators reached **69** school classrooms with **548** hours of instruction.

# 78%



# 84%

**84%** of adult program participants improved in one or more nutrition practices and **73%** of youth improved their abilities to choose healthy foods.

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