

Main Criteria: New Mexico Content Standards
Secondary Criteria: OrganWiseGuys
Subjects: Health and PE, Language Arts, Mathematics, Science
Grades: 3, 4, 5
Correlation Options: Show Correlated
Correlation Level: Level Two

New Mexico Content Standards
Health and PE
Grade: 3 - Adopted: 2009

STRAND / CONTENT STANDARD	NM.HE.	Health Education
BENCHMARK / STANDARD	HE.1.	<p>Students will comprehend concepts related to health promotion and disease prevention. Students will:</p> <p><u>OrganWiseGuys</u></p> <ul style="list-style-type: none"> • Basic Training for Better Health • Basic Training for Better Health Activity Book • Breakfast Skippin' Blues DVD • Calci's Big Race DVD • Extreme Couch Potato DVD • Farmer's Market Fresh DVD • Fiber Fandango DVD • Gimme Five DVD • H2Ohhhh! DVD • Keepin' the Beat Music DVD • Pepto's Party Portions DVD • The Healthy Heart Challenge • The Healthy Heart Challenge Activity Book • The OrganWise Guys "Shorts" DVD • Train Your Brain for Success • WISERCISE! 3rd-5th Grade Edition
BENCHMARK / STANDARD	HE.2.	<p>Students will demonstrate the ability to access valid health information and health-promoting products and services. Students will:</p> <p><u>OrganWiseGuys</u></p> <ul style="list-style-type: none"> • The Healthy Heart Challenge • The Healthy Heart Challenge Activity Book
BENCHMARK / STANDARD	HE.3.	<p>Students will demonstrate the ability to practice health-enhancing behaviors and reduce health risks. Students will:</p> <p><u>OrganWiseGuys</u></p> <ul style="list-style-type: none"> • Basic Training for Better Health • Basic Training for Better Health Activity Book • Breakfast Skippin' Blues DVD • Calci's Big Race DVD • Extreme Couch Potato DVD • Farmer's Market Fresh DVD • Fiber Fandango DVD • Gimme Five DVD • H2Ohhhh! DVD • Keepin' the Beat Music DVD • Pepto's Party Portions DVD • The Healthy Heart Challenge • The Healthy Heart Challenge Activity Book • The OrganWise Guys "Shorts" DVD • Train Your Brain for Success • WISERCISE! 3rd-5th Grade Edition

BENCHMARK / STANDARD	HE.4.	<p>Students will analyze the influence of culture, media, technology and other factors on health. Students will:</p> <p><u>OrganWiseGuys</u></p> <ul style="list-style-type: none"> • Extreme Couch Potato DVD • The Healthy Heart Challenge • The Healthy Heart Challenge Activity Book • The OrganWise Guys "Shorts" DVD • WISERCISE! 3rd-5th Grade Edition
BENCHMARK / STANDARD	HE.5.	<p>Students will demonstrate the ability to use interpersonal communication skills to enhance health. Students will:</p> <p><u>OrganWiseGuys</u></p> <ul style="list-style-type: none"> • Growing a Community • Harvesting Health • The Healthy Heart Challenge • The Healthy Heart Challenge Activity Book • The OrganWise Guys "Shorts" DVD • Train Your Brain for Success
BENCHMARK / STANDARD	HE.6.	<p>Students will demonstrate the ability to use goal-setting and decision-making skills to enhance health. Students will:</p> <p><u>OrganWiseGuys</u></p> <ul style="list-style-type: none"> • Basic Training for Better Health • Basic Training for Better Health Activity Book • Breakfast Skippin' Blues DVD • Calci's Big Race DVD • Extreme Couch Potato DVD • Farmer's Market Fresh DVD • Fiber Fandango DVD • Gimme Five DVD • H2Ohhhhh! DVD • Keepin' the Beat Music DVD • Pepto's Party Portions DVD • The Healthy Heart Challenge • The Healthy Heart Challenge Activity Book • The OrganWise Guys "Shorts" DVD • Train Your Brain for Success • WISERCISE! 3rd-5th Grade Edition
BENCHMARK / STANDARD	HE.7.	<p>Students will demonstrate the ability to advocate for personal, family, peer and community health. Students will:</p> <p><u>OrganWiseGuys</u></p> <ul style="list-style-type: none"> • Basic Training for Better Health • Growing a Community • Harvesting Health • The Healthy Heart Challenge • The Healthy Heart Challenge Activity Book

STRAND / CONTENT STANDARD	NM.PE.	Physical Education
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BENCHMARK / STANDARD PE.3. Exhibits knowledge and ability to participate in a physically active lifestyle. Students will:

OrganWiseGuys

- Basic Training for Better Health
- Basic Training for Better Health Activity Book
- Calci's Big Race DVD
- Extreme Couch Potato DVD
- Keepin' the Beat Music DVD
- The Healthy Heart Challenge
- The Healthy Heart Challenge Activity Book
- The OrganWise Guys "Shorts" DVD

BENCHMARK / STANDARD PE.4. Achieves and maintains a health-enhancing level of physical fitness. Students will:

OrganWiseGuys

- Basic Training for Better Health
- Basic Training for Better Health Activity Book
- Calci's Big Race DVD
- Extreme Couch Potato DVD
- The Healthy Heart Challenge
- The Healthy Heart Challenge Activity Book
- The OrganWise Guys "Shorts" DVD
- WISERCISE! 3rd-5th Grade Edition

BENCHMARK / STANDARD PE.7. Understands that physical activity provides opportunities for enjoyment, challenge, self-expression and social interaction. Students will:

OrganWiseGuys

- The OrganWise Guys "Shorts" DVD

New Mexico Content Standards

Health and PE

Grade: 4 - Adopted: 2009

**STRAND /
CONTENT
STANDARD**

NM.HE.

Health Education

BENCHMARK / STANDARD HE.1. Students will comprehend concepts related to health promotion and disease prevention. Students will:

OrganWiseGuys

- Balancing the Energy Equation
- Basic Training for Better Health
- Basic Training for Better Health Activity Book
- Breakfast Skippin' Blues DVD
- Calci's Big Race DVD
- Extreme Couch Potato DVD
- Farmer's Market Fresh DVD
- Fiber Fandango DVD
- Gimme Five DVD
- H2Ohhhhh! DVD
- Keepin' the Beat Music DVD
- Pepto's Party Portions DVD
- Pepto's Place
- Pepto's Place Activity Book
- The OrganWise Guys "Shorts" DVD
- Train Your Brain for Success
- WISERCISE! 3rd-5th Grade Edition

BENCHMARK / STANDARD	HE.2.	<p>Students will demonstrate the ability to access valid health information and health-promoting products and services. Students will:</p> <p><u>OrganWiseGuys</u></p> <ul style="list-style-type: none"> • Balancing the Energy Equation
BENCHMARK / STANDARD	HE.3.	<p>Students will demonstrate the ability to practice health-enhancing behaviors and reduce health risks. Students will:</p> <p><u>OrganWiseGuys</u></p> <ul style="list-style-type: none"> • Balancing the Energy Equation • Basic Training for Better Health • Basic Training for Better Health Activity Book • Breakfast Skippin' Blues DVD • Calci's Big Race DVD • Extreme Couch Potato DVD • Farmer's Market Fresh DVD • Fiber Fandango DVD • Gimme Five DVD • H2Ohhhh! DVD • Keepin' the Beat Music DVD • Pepto's Party Portions DVD • Pepto's Place • Pepto's Place Activity Book • The OrganWise Guys "Shorts" DVD • Train Your Brain for Success • WISERCISE! 3rd-5th Grade Edition
BENCHMARK / STANDARD	HE.4.	<p>Students will analyze the influence of culture, media, technology and other factors on health. Students will:</p> <p><u>OrganWiseGuys</u></p> <ul style="list-style-type: none"> • Balancing the Energy Equation • Extreme Couch Potato DVD • Pepto's Place • Pepto's Place Activity Book • The OrganWise Guys "Shorts" DVD • WISERCISE! 3rd-5th Grade Edition
BENCHMARK / STANDARD	HE.5.	<p>Students will demonstrate the ability to use interpersonal communication skills to enhance health. Students will:</p> <p><u>OrganWiseGuys</u></p> <ul style="list-style-type: none"> • Growing a Community • Harvesting Health • The OrganWise Guys "Shorts" DVD • Train Your Brain for Success

BENCHMARK / STANDARD	HE.6.	<p>Students will demonstrate the ability to use goal-setting and decision-making skills to enhance health. Students will:</p> <p><u>OrganWiseGuys</u></p> <ul style="list-style-type: none"> • Balancing the Energy Equation • Basic Training for Better Health • Basic Training for Better Health Activity Book • Breakfast Skippin' Blues DVD • Calci's Big Race DVD • Extreme Couch Potato DVD • Farmer's Market Fresh DVD • Fiber Fandango DVD • Gimme Five DVD • H2Ohhhh! DVD • Keepin' the Beat Music DVD • Pepto's Party Portions DVD • Pepto's Place • Pepto's Place Activity Book • The OrganWise Guys "Shorts" DVD • Train Your Brain for Success • WISERCISE! 3rd-5th Grade Edition
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BENCHMARK / STANDARD	HE.7.	<p>Students will demonstrate the ability to advocate for personal, family, peer and community health. Students will:</p> <p><u>OrganWiseGuys</u></p> <ul style="list-style-type: none"> • Balancing the Energy Equation • Basic Training for Better Health • Growing a Community • Harvesting Health
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STRAND / CONTENT STANDARD	NM.PE.	Physical Education
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BENCHMARK / STANDARD	PE.3.	<p>Exhibits knowledge and ability to participate in a physically active lifestyle. Students will:</p> <p><u>OrganWiseGuys</u></p> <ul style="list-style-type: none"> • Basic Training for Better Health • Basic Training for Better Health Activity Book • Calci's Big Race DVD • Extreme Couch Potato DVD • Keepin' the Beat Music DVD • Pepto's Place • Pepto's Place Activity Book • The OrganWise Guys "Shorts" DVD
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BENCHMARK / STANDARD	PE.4.	<p>Achieves and maintains a health-enhancing level of physical fitness. Students will:</p> <p><u>OrganWiseGuys</u></p> <ul style="list-style-type: none"> • Balancing the Energy Equation • Basic Training for Better Health • Basic Training for Better Health Activity Book • Calci's Big Race DVD • Extreme Couch Potato DVD • The OrganWise Guys "Shorts" DVD • WISERCISE! 3rd-5th Grade Edition
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BENCHMARK / STANDARD	PE.7.	<p>Understands that physical activity provides opportunities for enjoyment, challenge, self-expression and social interaction. Students will:</p> <p><u>OrganWiseGuys</u></p> <ul style="list-style-type: none"> • The OrganWise Guys "Shorts" DVD
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New Mexico Content Standards

Health and PE

Grade: 5 - Adopted: 2009

STRAND / CONTENT STANDARD	NM.HE.	Health Education
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BENCHMARK / STANDARD HE.1. Students will comprehend concepts related to health promotion and disease prevention. Students will:

OrganWiseGuys

- Basic Training for Better Health
- Basic Training for Better Health Activity Book
- Breakfast Skippin' Blues DVD
- Calci's Big Race DVD
- Extreme Couch Potato DVD
- Farmer's Market Fresh DVD
- Fiber Fandango DVD
- Gimme Five DVD
- H2Ohhhhh! DVD
- Keepin' the Beat Music DVD
- Pepto's Party Portions DVD
- The OrganWise Guys "Shorts" DVD
- Train Your Brain for Success
- Undercover Diabetes Health Agents
- Undercover Diabetes Health Agents Activity Book
- WISERCISE! 3rd-5th Grade Edition

BENCHMARK / STANDARD HE.2. Students will demonstrate the ability to access valid health information and health-promoting products and services. Students will:

OrganWiseGuys

- Basic Training for Better Health
- Growing a Community
- Harvesting Health
- Undercover Diabetes Health Agents
- Undercover Diabetes Health Agents Activity Book

BENCHMARK / STANDARD HE.3. Students will demonstrate the ability to practice health-enhancing behaviors and reduce health risks. Students will:

OrganWiseGuys

- Basic Training for Better Health
- Basic Training for Better Health Activity Book
- Breakfast Skippin' Blues DVD
- Calci's Big Race DVD
- Extreme Couch Potato DVD
- Farmer's Market Fresh DVD
- Fiber Fandango DVD
- Gimme Five DVD
- H2Ohhhhh! DVD
- Keepin' the Beat Music DVD
- Pepto's Party Portions DVD
- The OrganWise Guys "Shorts" DVD
- Train Your Brain for Success
- Undercover Diabetes Health Agents
- Undercover Diabetes Health Agents Activity Book
- WISERCISE! 3rd-5th Grade Edition

BENCHMARK / STANDARD	HE.4.	Students will analyze the influence of culture, media, technology and other factors on health. Students will: <u>OrganWiseGuys</u> <ul style="list-style-type: none"> • Extreme Couch Potato DVD • The OrganWise Guys "Shorts" DVD • WISERCISE! 3rd-5th Grade Edition
BENCHMARK / STANDARD	HE.5.	Students will demonstrate the ability to use interpersonal communication skills to enhance health. Students will: <u>OrganWiseGuys</u> <ul style="list-style-type: none"> • The OrganWise Guys "Shorts" DVD • Train Your Brain for Success
BENCHMARK / STANDARD	HE.6.	Students will demonstrate the ability to use goal-setting and decision-making skills to enhance health. Students will: <u>OrganWiseGuys</u> <ul style="list-style-type: none"> • Basic Training for Better Health • Basic Training for Better Health Activity Book • Breakfast Skippin' Blues DVD • Calci's Big Race DVD • Extreme Couch Potato DVD • Farmer's Market Fresh DVD • Fiber Fandango DVD • Gimme Five DVD • Growing a Community • H2Ohhhhh! DVD • Harvesting Health • Keepin' the Beat Music DVD • Pepto's Party Portions DVD • The OrganWise Guys "Shorts" DVD • Train Your Brain for Success • Undercover Diabetes Health Agents • Undercover Diabetes Health Agents Activity Book • WISERCISE! 3rd-5th Grade Edition
BENCHMARK / STANDARD	HE.7.	Students will demonstrate the ability to advocate for personal, family, peer and community health. Students will: <u>OrganWiseGuys</u> <ul style="list-style-type: none"> • Basic Training for Better Health • Growing a Community • Harvesting Health

STRAND / CONTENT STANDARD	NM.PE.	Physical Education
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BENCHMARK / STANDARD	PE.3.	Exhibits knowledge and ability to participate in a physically active lifestyle. Students will: <u>OrganWiseGuys</u> <ul style="list-style-type: none"> • Basic Training for Better Health • Basic Training for Better Health Activity Book • Calci's Big Race DVD • Extreme Couch Potato DVD • Keepin' the Beat Music DVD • The OrganWise Guys "Shorts" DVD • WISERCISE! 3rd-5th Grade Edition
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BENCHMARK / STANDARD	PE.4.	Achieves and maintains a health-enhancing level of physical fitness. Students will: <u>OrganWiseGuys</u> <ul style="list-style-type: none"> • Calci's Big Race DVD • Extreme Couch Potato DVD • WISERCISE! 3rd-5th Grade Edition
BENCHMARK / STANDARD	PE.5.	Demonstrates responsible personal and social behavior in physical activity settings. Students will: <u>OrganWiseGuys</u> <ul style="list-style-type: none"> • Basic Training for Better Health • Basic Training for Better Health Activity Book • Calci's Big Race DVD • Extreme Couch Potato DVD • Keepin' the Beat Music DVD • The OrganWise Guys "Shorts" DVD • Train Your Brain for Success
BENCHMARK / STANDARD	PE.6.	Demonstrates understanding and respect for differences among people in physical activity settings. Students will: <u>OrganWiseGuys</u> <ul style="list-style-type: none"> • The OrganWise Guys "Shorts" DVD
BENCHMARK / STANDARD	PE.7.	Understands that physical activity provides opportunities for enjoyment, challenge, self-expression and social interaction. Students will: <u>OrganWiseGuys</u> <ul style="list-style-type: none"> • Basic Training for Better Health • Basic Training for Better Health Activity Book • Calci's Big Race DVD • Extreme Couch Potato DVD • Keepin' the Beat Music DVD • The OrganWise Guys "Shorts" DVD • WISERCISE! 3rd-5th Grade Edition

New Mexico Content Standards

Language Arts

Grade: 3 - Adopted: 2012

STRAND / CONTENT STANDARD	NM.RL.3. Reading Standards for Literature
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BENCHMARK /
STANDARD

Key Ideas and Details

OrganWiseGuys

- "Organ"-ic Gardening
 - Basic Training for Better Health
 - Basic Training for Better Health Activity Book
 - Breakfast Skippin' Blues DVD
 - Calci's Big Race DVD
 - Extreme Couch Potato DVD
 - Farmer's Market Fresh DVD
 - Fiber Fandango DVD
 - Gimme Five DVD
 - Growing a Community
 - H2Ohhhh! DVD
 - Harvesting Health
 - Keepin' the Beat Music DVD
 - Pepto's Party Portions DVD
 - The Healthy Heart Challenge
 - The Healthy Heart Challenge Activity Book
 - The OrganWise Guys "Shorts" DVD
 - Train Your Brain for Success
 - WISERCISE! 3rd-5th Grade Edition
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BENCHMARK /
STANDARD

Craft and Structure

OrganWiseGuys

- Basic Training for Better Health
 - Basic Training for Better Health Activity Book
 - Breakfast Skippin' Blues DVD
 - Calci's Big Race DVD
 - Extreme Couch Potato DVD
 - Farmer's Market Fresh DVD
 - Fiber Fandango DVD
 - Gimme Five DVD
 - Growing a Community
 - H2Ohhhh! DVD
 - Harvesting Health
 - Keepin' the Beat Music DVD
 - The Healthy Heart Challenge Activity Book
 - Train Your Brain for Success
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BENCHMARK /
STANDARD

Range of Reading and Level of Text Complexity

OrganWiseGuys

- "Organ"-ic Gardening
- Basic Training for Better Health
- Basic Training for Better Health Activity Book
- Breakfast Skippin' Blues DVD
- Calci's Big Race DVD
- Extreme Couch Potato DVD
- Farmer's Market Fresh DVD
- Fiber Fandango DVD
- Gimme Five DVD
- Growing a Community
- H2Ohhhh! DVD
- Harvesting Health
- Keepin' the Beat Music DVD
- Pepto's Party Portions DVD
- The Healthy Heart Challenge
- The Healthy Heart Challenge Activity Book
- The OrganWise Guys "Shorts" DVD
- Train Your Brain for Success
- WISERCISE! 3rd-5th Grade Edition

BENCHMARK /
STANDARD

Key Ideas and Details

OrganWiseGuys

- "Organ"-ic Gardening
- Basic Training for Better Health
- Basic Training for Better Health Activity Book
- Breakfast Skippin' Blues DVD
- Calci's Big Race DVD
- Extreme Couch Potato DVD
- Farmer's Market Fresh DVD
- Fiber Fandango DVD
- Gimme Five DVD
- Growing a Community
- H2Ohhhhh! DVD
- Harvesting Health
- Keepin' the Beat Music DVD
- Pepto's Party Portions DVD
- The Healthy Heart Challenge
- The Healthy Heart Challenge Activity Book
- The OrganWise Guys "Shorts" DVD
- Train Your Brain for Success
- WISERCISE! 3rd-5th Grade Edition

BENCHMARK /
STANDARD

Craft and Structure

OrganWiseGuys

- "Organ"-ic Gardening
- Basic Training for Better Health
- Basic Training for Better Health Activity Book
- Breakfast Skippin' Blues DVD
- Calci's Big Race DVD
- Extreme Couch Potato DVD
- Farmer's Market Fresh DVD
- Fiber Fandango DVD
- Gimme Five DVD
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- Keepin' the Beat Music DVD
- Pepto's Party Portions DVD
- The Healthy Heart Challenge
- The Healthy Heart Challenge Activity Book
- The OrganWise Guys "Shorts" DVD
- Train Your Brain for Success
- WISERCISE! 3rd-5th Grade Edition

BENCHMARK /
STANDARD

Range of Reading and Level of Text Complexity

OrganWiseGuys

- "Organ"-ic Gardening
- Basic Training for Better Health
- Basic Training for Better Health Activity Book
- Breakfast Skippin' Blues DVD
- Calci's Big Race DVD
- Extreme Couch Potato DVD
- Farmer's Market Fresh DVD
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- Keepin' the Beat Music DVD
- Pepto's Party Portions DVD
- The Healthy Heart Challenge
- The Healthy Heart Challenge Activity Book
- The OrganWise Guys "Shorts" DVD
- Train Your Brain for Success
- WISERCISE! 3rd-5th Grade Edition

**STRAND /
CONTENT
STANDARD**

NM.RF.3. Reading Standards: Foundational Skills

BENCHMARK /
STANDARD

Fluency

OrganWiseGuys

- "Organ"-ic Gardening
- Basic Training for Better Health
- Basic Training for Better Health Activity Book
- Breakfast Skippin' Blues DVD
- Calci's Big Race DVD
- Extreme Couch Potato DVD
- Farmer's Market Fresh DVD
- Fiber Fandango DVD
- Gimme Five DVD
- Growing a Community
- H2Ohhhh! DVD
- Harvesting Health
- Keepin' the Beat Music DVD
- Pepto's Party Portions DVD
- The Healthy Heart Challenge
- The Healthy Heart Challenge Activity Book
- The OrganWise Guys "Shorts" DVD
- Train Your Brain for Success
- WISERCISE! 3rd-5th Grade Edition

**STRAND /
CONTENT
STANDARD**

NM.SL.3. Speaking and Listening Standards

BENCHMARK /
STANDARD

Comprehension and Collaboration

OrganWiseGuys

- Breakfast Skippin' Blues DVD
- Calci's Big Race DVD
- Extreme Couch Potato DVD
- Farmer's Market Fresh DVD
- Fiber Fandango DVD
- Gimme Five DVD
- Growing a Community
- H2Ohhhhh! DVD
- Harvesting Health
- Keepin' the Beat Music DVD
- Pepto's Party Portions DVD
- The OrganWise Guys "Shorts" DVD

BENCHMARK /
STANDARD

Presentation of Knowledge and Ideas

OrganWiseGuys

- Growing a Community
- Harvesting Health

**STRAND /
CONTENT
STANDARD**

NM.L.3.

Language Standards

BENCHMARK /
STANDARD

Vocabulary Acquisition and Use

OrganWiseGuys

- "Organ"-ic Gardening
- Basic Training for Better Health
- Basic Training for Better Health Activity Book
- Breakfast Skippin' Blues DVD
- Calci's Big Race DVD
- Extreme Couch Potato DVD
- Farmer's Market Fresh DVD
- Fiber Fandango DVD
- Gimme Five DVD
- Growing a Community
- H2Ohhhhh! DVD
- Harvesting Health
- Keepin' the Beat Music DVD
- Pepto's Party Portions DVD
- The Healthy Heart Challenge
- The Healthy Heart Challenge Activity Book
- The OrganWise Guys "Shorts" DVD
- Train Your Brain for Success
- WISERCISE! 3rd-5th Grade Edition

New Mexico Content Standards

Language Arts

Grade: 4 - Adopted: 2012

**STRAND /
CONTENT
STANDARD**

NM.RL.4.

Reading Standards for Literature

BENCHMARK /
STANDARD

Range of Reading and Level of Text Complexity

OrganWiseGuys

- "Organ"-ic Gardening
- Balancing the Energy Equation
- Basic Training for Better Health
- Basic Training for Better Health Activity Book
- Breakfast Skippin' Blues DVD
- Calci's Big Race DVD
- Extreme Couch Potato DVD
- Farmer's Market Fresh DVD
- Fiber Fandango DVD
- Gimme Five DVD
- Growing a Community
- H2Ohhhh! DVD
- Harvesting Health
- Keepin' the Beat Music DVD
- Pepto's Party Portions DVD
- Pepto's Place
- Pepto's Place Activity Book
- The OrganWise Guys "Shorts" DVD
- Train Your Brain for Success
- WISERCISE! 3rd-5th Grade Edition

**STRAND /
CONTENT
STANDARD**

NM.RI.4. Reading Standards for Informational Text

BENCHMARK /
STANDARD

Key Ideas and Details

OrganWiseGuys

- "Organ"-ic Gardening
- Balancing the Energy Equation
- Basic Training for Better Health
- Basic Training for Better Health Activity Book
- Breakfast Skippin' Blues DVD
- Calci's Big Race DVD
- Extreme Couch Potato DVD
- Farmer's Market Fresh DVD
- Fiber Fandango DVD
- Gimme Five DVD
- Growing a Community
- H2Ohhhh! DVD
- Harvesting Health
- Keepin' the Beat Music DVD
- Pepto's Party Portions DVD
- Pepto's Place
- Pepto's Place Activity Book
- The OrganWise Guys "Shorts" DVD
- Train Your Brain for Success
- WISERCISE! 3rd-5th Grade Edition

BENCHMARK /
STANDARD

Craft and Structure

OrganWiseGuys

- "Organ"-ic Gardening
- Balancing the Energy Equation
- Basic Training for Better Health
- Basic Training for Better Health Activity Book
- Breakfast Skippin' Blues DVD
- Calci's Big Race DVD
- Extreme Couch Potato DVD
- Farmer's Market Fresh DVD
- Fiber Fandango DVD
- Gimme Five DVD
- Growing a Community
- H2Ohhhh! DVD
- Harvesting Health
- Keepin' the Beat Music DVD
- Pepto's Party Portions DVD
- Pepto's Place
- Pepto's Place Activity Book
- The OrganWise Guys "Shorts" DVD
- Train Your Brain for Success
- WISERCISE! 3rd-5th Grade Edition

BENCHMARK /
STANDARD

Integration of Knowledge and Ideas

OrganWiseGuys

- "Organ"-ic Gardening
- Balancing the Energy Equation
- Basic Training for Better Health
- Basic Training for Better Health Activity Book
- Breakfast Skippin' Blues DVD
- Calci's Big Race DVD
- Extreme Couch Potato DVD
- Farmer's Market Fresh DVD
- Fiber Fandango DVD
- Gimme Five DVD
- Growing a Community
- H2Ohhhh! DVD
- Harvesting Health
- Keepin' the Beat Music DVD
- Pepto's Party Portions DVD
- Pepto's Place
- Pepto's Place Activity Book
- The OrganWise Guys "Shorts" DVD
- Train Your Brain for Success
- WISERCISE! 3rd-5th Grade Edition

BENCHMARK /
STANDARD

Range of Reading and Level of Text Complexity

OrganWiseGuys

- "Organ"-ic Gardening
- Balancing the Energy Equation
- Basic Training for Better Health
- Basic Training for Better Health Activity Book
- Breakfast Skippin' Blues DVD
- Calci's Big Race DVD
- Extreme Couch Potato DVD
- Farmer's Market Fresh DVD
- Fiber Fandango DVD
- Gimme Five DVD
- Growing a Community
- H2Ohhhh! DVD
- Harvesting Health
- Keepin' the Beat Music DVD
- Pepto's Party Portions DVD
- Pepto's Place
- Pepto's Place Activity Book
- The OrganWise Guys "Shorts" DVD
- Train Your Brain for Success
- WISERCISE! 3rd-5th Grade Edition

**STRAND /
CONTENT
STANDARD**

NM.RF.4. Reading Standards: Foundational Skills

BENCHMARK /
STANDARD

Fluency

OrganWiseGuys

- "Organ"-ic Gardening
- Balancing the Energy Equation
- Basic Training for Better Health
- Basic Training for Better Health Activity Book
- Breakfast Skippin' Blues DVD
- Calci's Big Race DVD
- Extreme Couch Potato DVD
- Farmer's Market Fresh DVD
- Fiber Fandango DVD
- Gimme Five DVD
- Growing a Community
- H2Ohhhh! DVD
- Harvesting Health
- Keepin' the Beat Music DVD
- Pepto's Party Portions DVD
- Pepto's Place
- Pepto's Place Activity Book
- The OrganWise Guys "Shorts" DVD
- Train Your Brain for Success
- WISERCISE! 3rd-5th Grade Edition

**STRAND /
CONTENT
STANDARD**

NM.W.4. Writing Standards

BENCHMARK /
STANDARD

Research to Build and Present Knowledge

OrganWiseGuys

- "Organ"-ic Gardening
- Balancing the Energy Equation
- Basic Training for Better Health
- Basic Training for Better Health Activity Book
- Breakfast Skippin' Blues DVD
- Calci's Big Race DVD
- Extreme Couch Potato DVD
- Farmer's Market Fresh DVD
- Fiber Fandango DVD
- Gimme Five DVD
- Growing a Community
- H2Ohhhh! DVD
- Harvesting Health
- Keepin' the Beat Music DVD
- Pepto's Party Portions DVD
- Pepto's Place
- Pepto's Place Activity Book
- The OrganWise Guys "Shorts" DVD
- Train Your Brain for Success
- WISERCISE! 3rd-5th Grade Edition

STRAND /
CONTENT
STANDARD

NM.SL.4. Speaking and Listening Standards

BENCHMARK /
STANDARD

Comprehension and Collaboration

OrganWiseGuys

- "Organ"-ic Gardening
- Balancing the Energy Equation
- Basic Training for Better Health
- Basic Training for Better Health Activity Book
- Breakfast Skippin' Blues DVD
- Calci's Big Race DVD
- Extreme Couch Potato DVD
- Farmer's Market Fresh DVD
- Fiber Fandango DVD
- Gimme Five DVD
- Growing a Community
- H2Ohhhh! DVD
- Harvesting Health
- Keepin' the Beat Music DVD
- Pepto's Party Portions DVD
- Pepto's Place
- Pepto's Place Activity Book
- The OrganWise Guys "Shorts" DVD
- Train Your Brain for Success
- WISERCISE! 3rd-5th Grade Edition

BENCHMARK /
STANDARD

Presentation of Knowledge and Ideas

OrganWiseGuys

- Growing a Community
- Harvesting Health

STRAND /
CONTENT
STANDARD

NM.L.4. Language Standards

BENCHMARK /
STANDARD

Knowledge of Language

OrganWiseGuys

- Growing a Community
- Harvesting Health

BENCHMARK /
STANDARD

Vocabulary Acquisition and Use

OrganWiseGuys

- "Organ"-ic Gardening
- Balancing the Energy Equation
- Basic Training for Better Health
- Basic Training for Better Health Activity Book
- Breakfast Skippin' Blues DVD
- Calci's Big Race DVD
- Extreme Couch Potato DVD
- Farmer's Market Fresh DVD
- Fiber Fandango DVD
- Gimme Five DVD
- Growing a Community
- H2Ohhhh! DVD
- Harvesting Health
- Keepin' the Beat Music DVD
- Pepto's Party Portions DVD
- Pepto's Place
- Pepto's Place Activity Book
- The OrganWise Guys "Shorts" DVD
- Train Your Brain for Success
- WISERCISE! 3rd-5th Grade Edition

New Mexico Content Standards

Language Arts

Grade: 5 - Adopted: 2012

**STRAND /
CONTENT
STANDARD**

NM.RL.5. Reading Standards for Literature

BENCHMARK /
STANDARD

Range of Reading and Level of Text Complexity

OrganWiseGuys

- "Organ"-ic Gardening
- Basic Training for Better Health
- Basic Training for Better Health Activity Book
- Breakfast Skippin' Blues DVD
- Calci's Big Race DVD
- Extreme Couch Potato DVD
- Farmer's Market Fresh DVD
- Fiber Fandango DVD
- Gimme Five DVD
- Growing a Community
- H2Ohhhh! DVD
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- Train Your Brain for Success
- Undercover Diabetes Health Agents
- Undercover Diabetes Health Agents Activity Book
- WISERCISE! 3rd-5th Grade Edition

**STRAND /
CONTENT
STANDARD**

NM.RI.5. Reading Standards for Informational Text

BENCHMARK /
STANDARD

Key Ideas and Details

OrganWiseGuys

- "Organ"-ic Gardening
- Basic Training for Better Health
- Basic Training for Better Health Activity Book
- Breakfast Skippin' Blues DVD
- Calci's Big Race DVD
- Extreme Couch Potato DVD
- Farmer's Market Fresh DVD
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BENCHMARK /
STANDARD

Craft and Structure

OrganWiseGuys

- "Organ"-ic Gardening
- Basic Training for Better Health
- Basic Training for Better Health Activity Book
- Breakfast Skippin' Blues DVD
- Calci's Big Race DVD
- Extreme Couch Potato DVD
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BENCHMARK /
STANDARD

Integration of Knowledge and Ideas

OrganWiseGuys

- "Organ"-ic Gardening
- Basic Training for Better Health
- Basic Training for Better Health Activity Book
- Breakfast Skippin' Blues DVD
- Calci's Big Race DVD
- Extreme Couch Potato DVD
- Farmer's Market Fresh DVD
- Fiber Fandango DVD
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BENCHMARK /
STANDARD

Range of Reading and Level of Text Complexity

OrganWiseGuys

- "Organ"-ic Gardening
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- Basic Training for Better Health Activity Book
- Breakfast Skippin' Blues DVD
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**STRAND /
CONTENT
STANDARD**

NM.RF.5.

Reading Standards: Foundational Skills

BENCHMARK /
STANDARD

Fluency

OrganWiseGuys

- "Organ"-ic Gardening
- Basic Training for Better Health
- Basic Training for Better Health Activity Book
- Breakfast Skippin' Blues DVD
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STRAND / CONTENT STANDARD	NM.W.5.	Writing Standards
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BENCHMARK /
STANDARD

Research to Build and Present Knowledge

OrganWiseGuys

- "Organ"-ic Gardening
- Basic Training for Better Health
- Basic Training for Better Health Activity Book
- Breakfast Skippin' Blues DVD
- Calci's Big Race DVD
- Extreme Couch Potato DVD
- Farmer's Market Fresh DVD
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STRAND / CONTENT STANDARD	NM.SL.5.	Speaking and Listening Standards
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BENCHMARK /
STANDARD

Comprehension and Collaboration

OrganWiseGuys

- "Organ"-ic Gardening
- Basic Training for Better Health
- Basic Training for Better Health Activity Book
- Breakfast Skippin' Blues DVD
- Calci's Big Race DVD
- Extreme Couch Potato DVD
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- Undercover Diabetes Health Agents Activity Book
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BENCHMARK /
STANDARD

Presentation of Knowledge and Ideas

OrganWiseGuys

- Growing a Community
- Harvesting Health

**STRAND /
CONTENT
STANDARD**

NM.L.5.

Language Standards

BENCHMARK /
STANDARD

Vocabulary Acquisition and Use

OrganWiseGuys

- "Organ"-ic Gardening
- Basic Training for Better Health
- Basic Training for Better Health Activity Book
- Breakfast Skippin' Blues DVD
- Calci's Big Race DVD
- Extreme Couch Potato DVD
- Farmer's Market Fresh DVD
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New Mexico Content Standards

Mathematics

Grade: **3** - Adopted: **2012**

**STRAND /
CONTENT
STANDARD**

NM.3.OA.

Operations and Algebraic Thinking

BENCHMARK / STANDARD	<p>Represent and solve problems involving multiplication and division.</p> <p>OrganWiseGuys</p> <ul style="list-style-type: none"> • WISERCISE! 3rd-5th Grade Edition
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BENCHMARK / STANDARD	<p>Multiply and divide within 100.</p> <p>OrganWiseGuys</p> <ul style="list-style-type: none"> • WISERCISE! 3rd-5th Grade Edition
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BENCHMARK / STANDARD	<p>Solve problems involving the four operations, and identify and explain patterns in arithmetic.</p> <p>OrganWiseGuys</p> <ul style="list-style-type: none"> • WISERCISE! 3rd-5th Grade Edition
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**New Mexico Content Standards
Mathematics
Grade: 4 - Adopted: 2012**

STRAND / CONTENT STANDARD	NM.4.OA.	Operations and Algebraic Thinking
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BENCHMARK / STANDARD	<p>Use the four operations with whole numbers to solve problems.</p> <p>OrganWiseGuys</p> <ul style="list-style-type: none"> • WISERCISE! 3rd-5th Grade Edition
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STRAND / CONTENT STANDARD	NM.4.NB.T.	Number and Operations in Base Ten
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BENCHMARK / STANDARD	<p>Generalize place value understanding for multi-digit whole numbers.</p> <p>OrganWiseGuys</p> <ul style="list-style-type: none"> • Pepto's Place • Pepto's Place Activity Book • WISERCISE! 3rd-5th Grade Edition
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STRAND / CONTENT STANDARD	NM.4.MD.	Measurement and Data
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BENCHMARK / STANDARD	<p>Solve problems involving measurement and conversion of measurements from a larger unit to a smaller unit.</p> <p>OrganWiseGuys</p> <ul style="list-style-type: none"> • WISERCISE! 3rd-5th Grade Edition
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**New Mexico Content Standards
Mathematics
Grade: 5 - Adopted: 2012**

STRAND / CONTENT STANDARD	NM.MP.	Mathematical Practices
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BENCHMARK / STANDARD	MP.1.	Make sense of problems and persevere in solving them. OrganWiseGuys <ul style="list-style-type: none"> • Undercover Diabetes Health Agents • Undercover Diabetes Health Agents Activity Book
BENCHMARK / STANDARD	MP.2.	Reason abstractly and quantitatively. OrganWiseGuys <ul style="list-style-type: none"> • Undercover Diabetes Health Agents • Undercover Diabetes Health Agents Activity Book
BENCHMARK / STANDARD	MP.7.	Look for and make use of structure. OrganWiseGuys <ul style="list-style-type: none"> • Undercover Diabetes Health Agents • Undercover Diabetes Health Agents Activity Book

STRAND / CONTENT STANDARD	NM.5.NBT.	Number and Operations in Base Ten
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BENCHMARK / STANDARD		Understand the place value system. OrganWiseGuys <ul style="list-style-type: none"> • Undercover Diabetes Health Agents • Undercover Diabetes Health Agents Activity Book • WISERCISE! 3rd-5th Grade Edition
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STRAND / CONTENT STANDARD	NM.5.MD.	Measurement and Data
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BENCHMARK / STANDARD		Convert like measurement units within a given measurement system. OrganWiseGuys <ul style="list-style-type: none"> • WISERCISE! 3rd-5th Grade Edition
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**New Mexico Content Standards
Science
Grade: 4 - Adopted: 2013**

STRAND / CONTENT STANDARD	NGSS.4-LS.	LIFE SCIENCE
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BENCHMARK / STANDARD	4-LS1.	From Molecules to Organisms: Structures and Processes OrganWiseGuys <ul style="list-style-type: none"> • Fiber Fandango DVD • Train Your Brain for Success
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**New Mexico Content Standards
Science
Grade: 5 - Adopted: 2013**

STRAND / CONTENT STANDARD	NGSS.5-PS.	PHYSICAL SCIENCE
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BENCHMARK / STANDARD 5-PS1. Matter and Its Interactions

OrganWiseGuys

- H2Ohhhhh! DVD

**STRAND /
CONTENT
STANDARD**

**NGSS.5-
LS.**

LIFE SCIENCE

BENCHMARK / STANDARD 5-LS1. From Molecules to Organisms: Structures and Processes

OrganWiseGuys

- "Organ"-ic Gardening
- Growing a Community
- Harvesting Health