

10th Grade Cooking Matters Youth New Mexico Academic Standards Alignment

Lesson	Eng. Lang. Arts	Health	
1: Snack Attack	CCSS.ELA-LITERACY.SL.9-10.1	Content Standard 1: 9-12 Benchmark 1: 1, 2, 3, 4 9-12 Benchmark 3: 1, 2, 3	Content Standard 3: 9-12 Benchmark 1: (a), (b)
2: Blubber Burger	CCSS.ELA-LITERACY.SL.9-10.1	Content Standard 1: 9-12 Benchmark 1: 1, 2, 3 9-12 Benchmark 3: 1, 2, 3	Content Standard 3: 9-12 Benchmark 1: (a), (b)
3: Sugar Overload	CCSS.ELA-LITERACY.SL.9-10.1	Content Standard 1: 9-12 Benchmark 1: 1, 2, 3, 4 9-12 Benchmark 3: 1, 2, 3	Content Standard 3: 9-12 Benchmark 1: (a), (b)
4: Healthy Drinks Taste Test		Content Standard 1: 9-12 Benchmark 1: 1, 2, 3, 4 9-12 Benchmark 3: 1, 2, 3	Content Standard 3: 9-12 Benchmark 1: (a), (b)
5: Name That Fruit or Vegetable	CCSS.ELA-LITERACY.SL.9-10.1	Content Standard 1: 9-12 Benchmark 1: 1, 2, 3, 4 9-12 Benchmark 3: 1, 2, 3	Content Standard 3: 9-12 Benchmark 1: (a), (b)

