

1st Grade Cooking Matters Youth New Mexico Academic Standards Alignment

Lesson	Eng. Lang. Arts	Health		Art
1: Make Your Own Veggie Super Hero	CCSS.ELA-LITERACY.SL.1.1 CCSS.ELA-LITERACY.SL.1.3	Content Standard 3: K-4 Benchmark 1: 1. K-4 Benchmark 4: 1., 3.	Content Standard 4: K-4 Benchmark 4: 1.	Anchor Standard #1. Anchor Standard #2.
2: Make Your Own Fruit Clown Face	CCSS.ELA-LITERACY.SL.1.1 CCSS.ELA-LITERACY.SL.1.3	Content Standard 3: K-4 Benchmark 1: 1. K-4 Benchmark 4: 1., 3.	Content Standard 4: K-4 Benchmark 4: 1.	Anchor Standard #1. Anchor Standard #2.
3: Fruit vs. Juice	CCSS.ELA-LITERACY.SL.1.1 CCSS.ELA-LITERACY.SL.1.3	Content Standard 3: K-4 Benchmark 1: 1. K-4 Benchmark 4: 1., 3.	Content Standard 4: K-4 Benchmark 4: 1.	
4: Your Veggies, Your Way		Content Standard 3: K-4 Benchmark 1: 1. K-4 Benchmark 4: 1., 3.		
5: Fruit & Vegetable Mystery Bag	CCSS.ELA-LITERACY.SL.1.1 CCSS.ELA-LITERACY.SL.1.3	Content Standard 3: K-4 Benchmark 1: 1. K-4 Benchmark 4: 1., 3.	Content Standard 4: K-4 Benchmark 4: 1.	

