

# 5<sup>th</sup> Grade Cooking Matters Youth New Mexico Academic Standards Alignment

Lesson	Eng. Lang. Arts	Health	
1: Super Snackers	<a href="#">CCSS.ELA-LITERACY.SL.5.1</a> <a href="#">CCSS.ELA-LITERACY.SL.5.3</a>	<p><b>Content Standard 1:</b> 5-8 Benchmark 1: 1, 2, 3 5-8 Benchmark 6: 1, 2, 3</p> <p><b>Content Standard 3:</b> 5-8 Benchmark 4: 1, 2</p>	
2: Sugar Overload	<a href="#">CCSS.ELA-LITERACY.SL.5.1</a>	<p><b>Content Standard 1:</b> 5-8 Benchmark 1: 1, 2, 3 5-8 Benchmark 6: 1, 2, 3</p> <p><b>Content Standard 3:</b> 5-8 Benchmark 4: 1, 2</p>	
3: Healthy Drinks Taste Test		<p><b>Content Standard 1:</b> 5-8 Benchmark 1: 1, 2, 3 5-8 Benchmark 6: 1, 2, 3</p> <p><b>Content Standard 3:</b> 5-8 Benchmark 4: 1, 2</p>	
4: Name That Fruit or Vegetable	<a href="#">CCSS.ELA-LITERACY.SL.5.1</a>	<p><b>Content Standard 1:</b> 5-8 Benchmark 1: 1, 2, 3 5-8 Benchmark 6: 1, 2, 3</p> <p><b>Content Standard 3:</b> 5-8 Benchmark 4: 1, 2</p>	

