

7th Grade Cooking Matters Youth New Mexico Academic Standards Alignment

Lesson	Eng. Lang. Arts	Health	
1: Snack Attack	CCSS.ELA-LITERACY.SL.7.1 CCSS.ELA-LITERACY.SL.7.3	Content Standard 1: 5-8 Benchmark 1: 1, 2, 3 5-8 Benchmark 6: 1, 2, 3	Content Standard 3: 5-8 Benchmark 4: 1, 2
2: Blubber Burger	CCSS.ELA-LITERACY.SL.7.1	Content Standard 1: 5-8 Benchmark 1: 1, 2, 3 5-8 Benchmark 6: 1, 2, 3	Content Standard 3: 5-8 Benchmark 4: 1, 2
3: Sugar Overload	CCSS.ELA-LITERACY.SL.7.1	Content Standard 1: 5-8 Benchmark 1: 1, 2, 3 5-8 Benchmark 6: 1, 2, 3	Content Standard 3: 5-8 Benchmark 4: 1, 2
4: Healthy Drinks Taste Test		Content Standard 1: 5-8 Benchmark 1: 1, 2, 3 5-8 Benchmark 6: 1, 2, 3	Content Standard 3: 5-8 Benchmark 4: 1, 2
5: Name That Fruit or Vegetable	CCSS.ELA-LITERACY.SL.7.1	Content Standard 1: 5-8 Benchmark 1: 1, 2, 3 5-8 Benchmark 6: 1, 2, 3	Content Standard 3: 5-8 Benchmark 4: 1, 2

